

---

First, do some exploring in your own neighborhood, but don't forget to take money for telephones and taxis, your dictionary, toilet paper, a handkerchief for drying hands (carry extra for the children) and of course your MAP! Once you have become comfortably familiar with your locale through shopping or walks, take one of the many arranged tours from the base. The USO, Special Services, FSC, different groups or even your own command organize



low-cost tours on an individual and group basis. When you take a tour or find a place of particular interest, mark your MAP so you can find your way back to enjoy it at your leisure. When touring in your own vehicle, be sure you are familiar with the international road signs. Don't forget your MAP!!! There are a number of American companies which publish international maps in English that are updated yearly.

Traveling by train is a swift way to cover distance when you are taking side trips. In some instances you may have to buy a "seat" ticket as well as the train fare. Some trains serve meals in several sittings, while others have no food or beverage service. Check with your friends, Special Services, the FSC or a travel agent to learn what class is most economical and, which system is best if you want meals.



## Traveling with Children

Traveling with small children on trains and buses overseas can sometimes be overwhelming and even frightening for the child, especially when riding during rush hours. Strollers are not necessarily a common sight on foreign trains or buses. Also they can be very difficult to carry up numerous sets of stairs to platforms. Keep in mind that many overseas restaurants are not as equipped to handle small children as those in the United States. For instance, you may find no high chairs and no childrens' portions. Children are usually welcome at most restaurants, but you need to come prepared. Also educate your children about the overseas vending machine. That may not be a soft drink in the can! In Japan, for instance, everything from beer to fruit and to 100 proof whiskey is sold in vending machines on any corner! In some countries, be prepared to receive a great deal of extra attention when traveling with small babies. The attention is great but may delay you in your travels.

## Photos: Dos and Don'ts



Keep your camera handy! Pictures keep memories fresh. If you are going to include local people in your snapshots, remember to ask their permission BEFORE taking the picture. You can ask if they would like a copy, get their address and send them one. Don't be surprised if someone you've photographed asks for some payment for his/her time. In Islamic countries taking any pictures of people at all may be a violation of religious rules. In recent years there has been a revival of Muslim (Islamic) orthodoxy in many areas. Feelings can run very high. Be very careful about taking pictures of any religious ceremonies or military installations. In some countries, if a man takes a picture of a woman, he must marry her! Check all local rules and customs first and avoid possible trouble.

Don't be startled to find that bathroom facilities around the world are different. For instance, a Japanese-style toilet is level with the floor, but the low basin with spigots in the European bathroom is the "bidet." It is not a toilet.



Wherever there has been English influence, "W.C." on the door indicates a "water closet" or bathroom. If you should find yourself in mixed company in a public rest room, act

## BATHROOM FACILITIES

nonchalant. It doesn't happen frequently, but not all establishments have a "His" and "Hers." Just think of the story you can tell when you get home! Unexpectedly, you may come upon someone using the nearest ditch or field for a bathroom. Don't be embarrassed; they won't be. This is a normal occurrence in many rural areas.

Be careful of hot and cold water faucets. Remember, for instance, that "hot" in Spanish is "caliente," so the most natural thing in the world is for Spanish speaking plumber to install the "C" handle on the hot water outlet. In Japan, even if you don't know the characters, red is hot and blue is cold. In countries which don't use our alphabet, but do import fixtures from the United States, "H" and "C" simply don't mean anything at all, so be careful.

When traveling, be sure to carry a roll of toilet paper (many rest rooms don't have any) or packets of tissues that can fit in your purse. In Europe, you may find facilities in gas stations equal to those in the United States. Don't forget to carry coins with you since many public rest rooms charge for entry as well as for toilet paper.

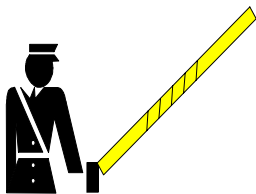
## Telephones

Use of the telephones can be confusing in some areas of the world. There are a number of methods which differ from ours, such as the use of A and B buttons on pay phones. Some pay phones use tokens or cards. Always carry the local currency for pay phone calls or for purchasing the necessary tokens or cards. You may still have to place calls through an operator in some countries, which means that you will probably have to know the number you want in the local language. If you don't make yourself understood the first time, try again or find someone who can call for you. You will learn in time. If you use another person's telephone, remember that local calls are not free in most foreign countries. It is polite to offer payment for any calls that you make. When making long distance calls, international access codes differ from country to country. It is best to check with your local operator or Family Service Center.



## Tolls - Ouch!!!

Before you start out check with the FSC or Special Services about any toll roads or special road fees you may have to pay along your travel route. These can be very expensive. In some countries, a simple toll road could cost you as much as US \$ 70 one way!



**OVERSEASMANSHIP**

**OVERSEASMANSHIP**

## OVERSEASMANSHIP INFORMATION BROCHURE

**DEVELOPED IN COOPERATION WITH:**

**PERS-6**

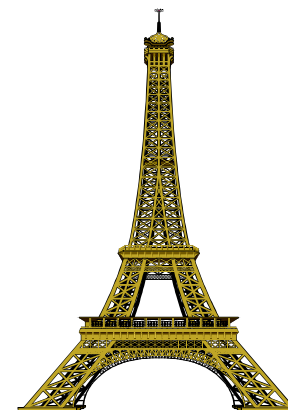
**NAVY WIFELINE**

**BUMED**

**OFFICE OF THE  
CHIEF OF CHAPLAINS**

**OFFICE OF THE  
MASTER CHIEF PETTY OFFICER  
OF THE NAVY**

# TOURING



For additional information contact  
your local  
**Family Service Center**  
**Relocation Assistance Program.**